



Sparrow Services & Experiences

Skip the crowded spa.
Plan a trip that feels relaxing, not rushed.

Perfect for couples, groups & girls trips





IN-HOME MASSAGE

240 | 275 per person

60 + 90 Minute Restoration Sessions

[Learn more >>](#)

YIN YOGA & SOUND HEALING EXPERIENCE

395- 695 per group

A guided yin/restorative yoga experience with sound journey in 432 hz for a. complete nervous system reset.

[Learn more >>](#)

SIGNATURE EXPERIENCES

375 per person

Couples Getaway:

Our most restorative couples session, designed specifically because love always grows with renewal.

Hiker's Dream Recovery:

Athletic recovery meets functional luxury. This experience is built for hikers, athletes, adventure travelers and active groups who want their bodies back after demanding days.

Sparrow Spa Immersion:

A full-day private spa experience brought directly to you.

Total Group Reset:

A fully facilitated immersion including personalized bodywork, guided Yoga, sound integration and full coordination. Delivered as a complete container.

[Learn more >>](#)

THE SOUL REMEMBRANCE EXPERIENCE

425 per person

A guided yin/restorative yoga experience with sound journey in 432 hz for a. complete nervous system reset.

[Learn more >>](#)

[CHECK AVAILABILITY >>](#)

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